YOUTH PROGRAMS

Developing Life Skills for Active Youth



Cheerleading

- · Cheers, Chants, Jumps, and Stunting
- Pom Dance Routines, Fun Team-Building
- · Clinics, Showcases and Competitions Up to Nationals

Classes Start at Only \$8 Weekly!



Karate/Self-Defense

- Essential Life Skills Respect and Discipline
- · Safety Awareness, Abduction Prevention, and Anti Bullying
- · Advancement through Black Belt with Certified Black Belt Instructors





These classes are offered in partnership with the **WESD Community Enrichment Program.**





MARTIAL ARTS/KARATE AGES 4 – 15

LOCATIONS	CLASS DAY	DATES	REGISTRATION	ORIENTATION & 1 ST CLASS	
Orangewood Elementary - Cafeteria 7337 N. 19th Ave., Phoenix,	N. 19th Ave., Phoenix, May 16th	May 16 th	5:15 p.m. Beginners	5:45- 6:30 p.m.	
			4.45 m ma Colored Polts	7:15-8:15 p.m. Yellow & Green Belts	
85021		0:43 p.m. Cololed bells	7:15— 8:45 p.m. Blue Belts & Above		
Cholla Middle School - Cafeteria	Thursdays	Jan. 25 th —	6:00 p.m. Beginners	6:30 — 7:15 p.m.	
3120 W. Cholla St., Phoenix,		May 17 th (16 weeks)	7:15 p.m. Yellow & Green Belts	7:45 — 8:45 p.m.	
85029			Blue Belts & Above meet Fridays at Lookout Mountain Starting Jan. 26th For information, please call (480) 603-3780		
Sunnyslope Elementary - Cafeteria Saturdays		Jan. 27 th —	9:45 a.m. Beginners	10:00 — 10:45 a.m.	
245 E Mountain View Rd, Phoenix, 85020		May 19 th (13 weeks)	10:45 a.m. Purple Belts & Above	11:00 a.m. — 12:30 p.m.	

\$8.00 per week for a 45 minute lesson. The above times are for the 1st Class only. Weekly class times will be assigned for the semester during Registration Night/Day. Uniforms are available (not required) for \$33.00. Extended class fee is \$9.00 per week for a 60 minute lesson.

CHEERLEADING AGES 4 - 15

LOCATIONS	CLASS DAY	DATES	REGISTRATION	ORIENTATION & 1ST CLASS
Lookout Mountain Elementary - Gym	Mondays	Jan. 22 nd —	6:15 p.m. Ages 4 — 9 (JV & Varsity)	6:45 — 7:30 p.m.
15 W. Coral Gables Dr., Phoenix 85023		May 14 th (15 weeks)	7:15 p.m. Ages 10 — 15 (*All Star)	7:45 — 8:45 p.m.
<u> Acacia Elementary - Cafeteria</u>	Wednesdays	Jan. 31 st —	5:30 p.m. Ages 4 — 9 (JV & Varsity)	6:00 — 6:45 p.m.
3021 W. Evans Dr., Phoenix 85053		May 16 th (15 weeks)	7:00 p.m. Ages 10 — 15 (*All Star)	7:30 — 8:30 p.m.
<u>Washington Elementary - Gym</u> 8033 N. 27th Ave., Phoenix 85051	Fridays	Jan. 26 th — May 18 th (15 weeks)	5:45 p.m. Ages 4 — 9 (JV & Varsity)	6:15 — 7:00 p.m.
			7:15 p.m. Ages 10 — 15 (*All Star)	7:45 — 8:45 p.m.

\$8.00 per week for a 45 minute lesson. The above times are for the 1st Practice only. Weekly practice times will be assigned for the semester during Registration Night. High quality, fluffed Team pom-pons (per level) will be available for \$27.00 (includes ID tags) or you may bring your own. Cheer students must wear tennis shoes and comfortable attire to class. *All Star class fee is \$9.00 per week for a 60 minute lesson. High quality, 2-color Jr. All Star Team poms are \$24.00 per set.

SOCCER AGES 5 – 15

LOCATION OPTIONS	DATES	CLASS DAY	REGISTRATION START TIME	ORIENTATION & 1st CLASS
Arroyo Soccer Field 4535 W. Cholla St., 85304	1/27 - 5/12	Saturdays	9:00 a.m. Ages 5 — 6	9:30 — 10:20 a.m.
Lookout Mountain Soccer Field 15 W. Coral Gables Dr., 85023	2/3 - 5/12	(once per	1 0:45 a.m. Ages 7 — 8	11:15 a.m. — 12:05 p.m.
Ocotillo Soccer Field 3225 W. Ocotillo Rd., 85017	2/10 - 5/12	week)	12:30 p.m. Ages 9 — 15	1:00 — 1:50 p.m.

Call (480) 603-3780 for directions to schools listed above. Registration and class times are for all Soccer locations (first week only).

\$8.00 per week for a 50 minute lesson. The above times are for the 1st Practice only. Weekly practice times will be assigned for the semester during Registration Day. Soccer ball (\$14.00) and shin pads (\$12.00/pair) are required by the 2nd week and are available at class or you may bring your own. Soccer cleats recommended. No metal cleats.

- Pay weekly or prepay for the entire semester.
- Students may register during the first three weeks.
- Registration fee: \$10.00, non-refundable.

- Register at class or online.
- Parent/Legal guardian must register student.
- Checks/Cash/Money Order accepted.
- Parents/friends are encouraged to watch the first and last class of the semester.
- · For Soccer In case of bad weather, registration will be held at the same time the next week.